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TRAVEL



CULTURE



FOOD



TRANSPORTATION



SECURITY

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## Sample Pages

**Mexico City (Mexico)** 4:31:12 PM Light Rain, 20° C / 68° F

**National Cuisine**

**Overview**  
Before the arrival of the Spanish and other European colonists, the staple of the Mexican diet was corn, supplemented with beans, tomatoes, and, to a lesser degree, other native fruits and vegetables such as avocado, papaya, pineapple, squash, sweet potatoes, and peanuts. Fish and turkey were the most commonly consumed meats, and chilies, chocolate and vanilla were essential seasonings. All of these indigenous foods are still regularly used in Mexican cuisine today, supplemented by onions, rice, pork, chicken, and beef introduced long ago by the Spanish. Mexican food is usually heavily seasoned and is often quite rich. Enchiladas, burritos, tacos, chili relleno, posole, and refritos are all common, modern Mexican dishes based at least in part on Old World ingredients.

**Classic Mexican Dishes**

**Appetizers**

**Quesadillas** – There are many types of quesadillas, but the simplest type is cheese sandwiched between two tortillas, fried or baked until the cheese melts. (Recipe available in recipes section)

**Pico de Gallo Salsa** – An uncooked, spicy sauce made with tomatoes, fresh chilies, and onions, pico de gallo is the basic Mexican salsa served with chips as an appetizer and

**Shenzhen (China)** 5:33:46 PM Broken Clouds, 27° C / 81° F

**Video Dictionary**

**Chinese (Mandarin) - Greetings**

Interface Language: English (American)  
Language of Study: Chinese (Mandarin)

**Glossaries**  
Greetings

**Terms**  
你好  
Hello  
您好吗?  
How are you?  
早上好  
Good morning  
下午好  
Good afternoon  
晚上好

您好 (Hello)

**Córdoba (Argentina)** 6:26:09 PM Clear Sky, 19° C / 67° F

**Climate Statistics**

**Mean High & Low Temperatures (°F)**

| Month    | Jan  | Feb  | Mar  | Apr  | May  | Jun  | Jul  | Aug  | Sep  | Oct  | Nov  | Dec  |
|----------|------|------|------|------|------|------|------|------|------|------|------|------|
| Max Temp | 88   | 86.2 | 81.7 | 76.8 | 71.6 | 65.3 | 65.5 | 69.8 | 73.9 | 79   | 83.1 | 86.5 |
| Min Temp | 64.6 | 63.3 | 60.1 | 54.1 | 48.7 | 42.3 | 41.9 | 44.1 | 48.4 | 54.7 | 59.4 | 63.1 |

**Mean Temperature (°F)**

| Month     | Jan  | Feb  | Mar  | Apr  | May  | Jun  | Jul  | Aug  | Sep  | Oct | Nov  | Dec  |
|-----------|------|------|------|------|------|------|------|------|------|-----|------|------|
| Mean Temp | 76.4 | 73.6 | 69.6 | 64.2 | 58.8 | 52.3 | 52.3 | 56.8 | 60.1 | 66  | 70.3 | 73.8 |

**Rome (Italy)** 1:35:02 PM Light Rain, 14° C / 58° F

**City View**

Known globally as the Eternal City, Italy's capital once served as the political and cultural center of Western civilization. While that unparalleled influence and power might have faded in modern times, today Rome offers a rich mélange of history and modernity—the baroque piazzas and estates of once-wealthy patricians are now filled with shops, cafes, restaurants, and tourists, while the city's ancient architecture serves as a constant reminder of its storied past.

**The Ancient in the Everyday**

Visitors learn quickly that Rome's formidable legacy is knit into the fabric and culture of everyday life for its three million inhabitants. The Colosseum and Vatican City continue to entice curious travelers, but it's Rome's impressive expanse of aqueducts, fountains, palaces, monuments, museums, and breathtaking historical cityscapes that convince sightseers to stay and witness all that the city has to offer.

Rome's history is so vast that one hardly knows where to begin. From the **Aplian Way** to the walls of the **Old City**, Rome's newest roads seamlessly blend into medieval cobblestone streets, reminding tourists heading toward the array of museums and government offices that ancient Rome's influence is never too far out of reach.

As the saying goes, Rome wasn't built in a day. While archaeological evidence places a human presence in Rome more than 10,000 years ago, Roman mythology credits Romulus with the founding of Rome on April 21, 753 BCE. Raised with his twin brother, Remus, Romulus was said to have killed his brother and built a home on Palatine Hill, one of the Seven Hills that comprised ancient Rome. Etruscans were the first people to inhabit the land near the Tiber River. Latin tribes came, conquered the Etruscans, and built their own fortresses and temples, which eventually grew into present-day Rome.

**From the Renaissance to Modern Sprawl**

Over the centuries, Rome has housed global pioneers in the fields of law, language, art, and architecture. The Italian Renaissance of the 15th century drastically altered the city's landscape and influence, spawning famous works by Michelangelo and Raphael. And the city's architectural accomplishments, statues, obelisks, bridges, and catacombs continue to entice culturally hungry patrons. Any trip to Rome has to include stops at the **Sistine Chapel**, **St. Peter's Basilica**, the **Arch of Constantine** and its neighbor, the Colosseum.

Today, the port city is divided into three parts: Vatican City, the heart of Catholicism and its own independent state; the Centro Storico, or Old City, within the Aurelian Wall; and the sprawling urban communities outside the wall. Economically, today's Roman population thrives on tourism, high-tech services, and the film and fashion industries, while the city's top manufacturers produce converted leather goods, textiles, paper, pharmaceuticals, and machinery.

Climate and Weather

Overview





## City Guides 202 World Cities

Aberdeen, UK  
 Abu Dhabi, UAE  
 Accra, Ghana  
 Addis Ababa, Ethiopia  
 Alexandria, Egypt  
 Amman, Jordan  
 Amsterdam, Netherlands  
 Ankara, Turkey  
 Antigua, Antigua & Barbuda  
 Antwerp, Belgium  
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 Atlanta, USA  
 Auckland, New Zealand  
 Bangalore, India  
 Bangkok, Thailand  
 Barcelona, Spain  
 Basel, Switzerland  
 Beijing, China  
 Beirut, Lebanon  
 Belfast, UK  
 Berlin, Germany  
 Bern, Switzerland  
 Birmingham, UK  
 Bogotá, Colombia  
 Bordeaux, France  
 Boston, USA  
 Brasília, Brazil  
 Bridgetown, Barbados  
 Brisbane, Australia  
 Brussels, Belgium  
 Bucharest, Romania  
 Budapest, Hungary  
 Buenos Aires, Argentina  
 Busan, South Korea  
 Cairo, Egypt  
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 Canberra, Australia  
 Cancún, Mexico  
 Cape Town, South Africa  
 Caracas, Venezuela  
 Cartagena, Colombia  
 Casablanca, Morocco  
 Catania, Italy  
 Chennai, India  
 Chicago, USA  
 Chihuahua, Mexico  
 Christchurch, New Zealand  
 Cologne, Germany  
 Copenhagen, Denmark  
 Córdoba, Argentina  
 Cork, Ireland  
 Dakar, Senegal

Dallas, USA  
 Damascus, Syria  
 Dar es Salaam, Tanzania  
 Denver, USA  
 Dhaka, Bangladesh  
 Doha, Qatar  
 Dubai, UAE  
 Dublin, Ireland  
 Düsseldorf, Germany  
 Edinburgh, UK  
 Edmonton, Canada  
 Entebbe, Uganda  
 Florence, Italy  
 Frankfurt, Germany  
 Fukuoka, Japan  
 Geneva, Switzerland  
 Glasgow, UK  
 Gothenburg, Sweden  
 Grand Cayman, Cayman Is.  
 Guadalajara, Mexico  
 Guangzhou, China  
 Guatemala City, Guatemala  
 Hagåtña, Guam  
 Haifa, Israel  
 Halifax, Canada  
 Hamburg, Germany  
 Hamilton, Bermuda  
 Hannover, Germany  
 Hanoi, Vietnam  
 Havana, Cuba  
 Helsinki, Finland  
 Ho Chi Minh City, Vietnam  
 Hong Kong, China  
 Honolulu, USA  
 Houston, USA  
 Hyderabad, India  
 Islamabad, Pakistan  
 Istanbul, Turkey  
 Jakarta, Indonesia  
 Jeddah, Saudi Arabia  
 Jerusalem, Israel  
 Johannesburg, South Africa  
 Karachi, Pakistan  
 Kathmandu, Nepal  
 Kiev, Ukraine  
 Kingston, Jamaica  
 Kolkata, India  
 Kuala Lumpur, Malaysia  
 Kuwait City, Kuwait

Kyoto, Japan  
 Lagos, Nigeria  
 Lahore, Pakistan  
 Las Vegas, USA  
 León, Mexico  
 Lima, Peru  
 Lisbon, Portugal  
 London, UK  
 Los Angeles, USA  
 Lyon, France  
 Madrid, Spain  
 Managua, Nicaragua  
 Manama, Bahrain  
 Manchester, UK  
 Manila, Philippines  
 Marseille, France  
 Medellín, Colombia  
 Melbourne, Australia  
 Mexico City, Mexico  
 Miami, USA  
 Milan, Italy  
 Monaco, Monaco  
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 Monterrey, Mexico  
 Montevideo, Uruguay  
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 Moscow, Russia  
 Mumbai, India  
 Munich, Germany  
 Nagoya, Japan  
 Nairobi, Kenya  
 Naples, Italy  
 Nassau, Bahamas  
 New Delhi, India  
 New Orleans, USA  
 New York, USA  
 Nice, France  
 Nuremberg, Germany  
 Oranjestad, Aruba  
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 Panama City, Panama  
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 Paris, France  
 Penang, Malaysia  
 Perth, Australia  
 Philadelphia, USA  
 Philipsburg, Sint Maarten

Phnom Penh, Cambodia  
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 Rio de Janeiro, Brazil  
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 Rome, Italy  
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 San Francisco, USA  
 San José, Costa Rica  
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 San Juan, Puerto Rico  
 San Salvador, El Salvador  
 Santiago, Chile  
 Santo Domingo, Dominican Rep.  
 São Paulo, Brazil  
 Seattle, USA  
 Seoul, South Korea  
 Shanghai, China  
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 Shenzhen, China  
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 St. Croix, US Virgin Is.  
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 Toulouse, France  
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 Wellington, New Zealand  
 Winnipeg, Canada  
 Zürich, Switzerland





## City Guides

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Insider's Guide

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Save Money!

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World Time Zones

### WOMEN TRAVELERS

Electricity Basics  
Guide to Electric and Phone  
Plugs  
Electric Plugs  
Converters/Transformers  
Electric Appliance Labels

